

Double Dozen

September 2009

Kim Spicka, Editor



Trio Members

Division Governor - Elden Plettner governor@district24toastmasters.com

Lt. Governor Ed - George Volz lget@district24toastmasters.com

Lt Gov. Marketing - Luann Anglo lgm@district24toastmasters.com



George Volz, Elden Plettner, LuAnn Anglo

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Speech Contest Time

Speech contest time is upon us for Table Topics and Humorous. Club contests need to be completed by August 14th, Area contests by September 11th. The Division contests are scheduled for the following dates:

Division A	Sept. 19 th , Columbus, NE
Division C	Sept.22 nd , Madonna Rehab Center
Division D	Sept. 21 st , 12700 W. Dodge Rd.
Division E	Sept. 15 th , OPPD Energy Plaza

For more information on the dates for the area contest please check the District 24 website at:

<u>http://www.district24toastmasters.com/calendar.cfm</u>. Please consult the contest rulebook for complete rules.

These are great events for even the novice or new members. Come join in on the fun!!!

District 24 Fall Conference

The fall conference will be held at Mahoney State Park near Ashland, NE. Registration is \$60.00. At the conference you will get electrifying educational sessions, Table Topics and Fall Humorous Speech Contests. And best yet you will get to hear World Champion speaker, Jim Key!!! See the registration at the end of the newsletter, don't miss out, come and join in on the fun and excitement.



District Governor's Quill From your new District Governor, Elden Plettner, Jr.

ts Toastmasters Contest time.

It is contest season and, as always, you can count on members stepping up to the plate and giving it their all. This fall District 24 is serving up two terrific contest opportunities: Humorous Speech Contest and Table Topics. Members will progress from their Club contest to Area level followed by Division contests and finishing up in Mahoney State Park near Omaha, NE. on October 9 and 10, 2009 at the District Conference contest. Make your reservations now to attend the District Conference. The registration form in on the District 24 Website and in the newsletter so you can apply today. Come see and listen to Jim Keys World Champion of Public Speaking. See you there!

And finally, we need **contestants and helpers** to staff the many roles for the contest. **Would you be willing to help?** The organization needs helpers in the Cub, Area, Division, and District contest to perform the duties of judge, ballet counters, timer, and etc. for the contest to be a success. By helping you make a **positive difference and you will feel good!** Compete and challenge your club members to compete as well. For those of you unable to compete, become a helper. Contact your Club Presidents, Area Governors, and Division Governors and let them know where you would like to help. We will train you to do the job. Your Organization needs you to make a **positive difference and to feel good!**

Consider this as my personal invitation to you to help!

Elden Plettner, Jr. DG 2009-2010

Motivational Quotes for Leaders From the 2009 International Toastmasters Conference

Reflect upon your present blessings - of which every man has many - not on your past misfortunes, of which all men have some. Charles Dickens

There is no end to what you can accomplish if (or when) you don't care who gets the credit. Florence Luscomb

The miracle is this - the more we share, the more we have. Leonard Nimoy

International Convention - Mashantucket, Connecticut

Fellow Toastmasters,

Your leadership has returned from a very full few days at the International Convention. We spoke with and learned from a number of other leaders from around the world.

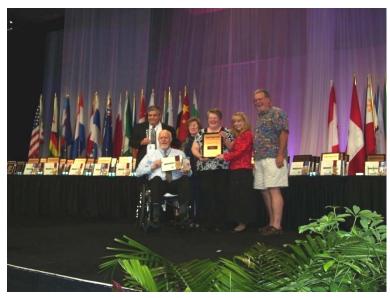
Proposal A, a change to the Toastmasters by-laws, passed. This change realigns the regions and creates additional regions in the overseas areas. For many club members, the changes will not be noticeable.

John Lau successfully ran from the floor as a write in candidate for the position of 3rd Vice President. You might remember that last year John lost his bid for that role by less than 100 votes of more than 12,000 votes. Your proxies matter! John will move through the executive ranks and in 4 years will serve as the President of Toastmasters International.

Finally, I want to tell you that we heard 10 amazing speeches at the World Champion of Public Speaking International Speech Contest. Mark Hunter, a school principal and coach from Brisbane, Australia, has claimed the title of World Champion of Public Speaking with his speech titled, 'A Sink Full of Green Tomatoes.' Second- and third-place winners of the World Championship of Public Speaking were Mary Cheyne of Somerville, Massachusetts, for "Nelly" and Erick Rainey of Portland, Oregon, for "Feed the Right Dog." The contest took place at the Toastmasters International Convention in Mashantucket, Connecticut, on Aug. 15, 2009."

The next International Convention will be held in Palm Desert, California. It promises to be just as exciting!

For the trio, Elden



George Volz, Elden Plettner, Floy Westermeir, Pat Hannan ___ & Chris Czerwinski

Words from Lt. Governor of Education - George Volz

The clubs and the members of District 24 are off to an exciting year. Here we are with two months out of the way. How are you doing? Have you set your goals for the year and are you on track to reach them?

At the 78th Annual Convention of Toastmasters, I met up with a group of leaders from all over the world. Every morning they had a meeting at 5:30 AM. Now this wasn't the normal meeting, but a meeting on the go. And the dress was not standard business.



One of the things that we discussed was what keeps us from our goals. As you can see from our group picture, we were a diverse group, but we discovered the same roadblocks. And our morning meetings gave us good examples of each. When we would stop for a rest break, we would take pictures. Eight cameras and 3 poses each would consume a lot of time—anything to delay the inevitable return to hiking. Not unlike each of us who find other

things to do so we do not have "time" to reach our goals.



The next challenge was procrastination—how long can we just think about it rather than doing it. How long can we take to make up our minds to just do it? The longer we delay does not make the task shorter—just the rewards later.

The third item does not have a picture—because

it is the decision conscious or unconscious to not achieve our goals.

So this year is something keeping you from your goals?

- 1. Frenetic activity? Too busy doing non-goal activities to reach your goals?
- 2. Procrastination? Indecision on how and when to start or continue?
- 3. Rejection? Remind yourself that you can and want to achieve this goal!

District 24 has laid the groundwork for being all they can be for their members; set your goal to be great this year and even better next year!

Educational Achievement Recipients

The leadership of your district knows that it takes a lot of dedicated work to accomplish a single item. We feel that it is important to recognize this hard work The list below are those who have submitted since the report last month. Congratulations to all and keep up the great work. If your name isn't listed, I hope to see it next month.

Award Receive d	Recipie nt	Club	Club Number	Division	Area	City
Advanced Communicator Bronze	Williams, Glenn L.	Roadtoasters Club	1761	с	23	Lincoln
Competent Leader	Munson, Michael Anthony	Mutual of Omaha Toastmasters Club	807953	E	41	Omaha
Advanced Communicator Bronze	Copple, Janine H.	Sunrise Toastmasters Club	2788	С	22	Lincoln
Advanced Communicator Bronze	Brown, Ralph P.	LibORATORS Toastmasters Club	986233	E	43	Tecumse
Competent Communicator	Sullivan, Timothy J	LibORATORS Toastmasters Club	986233	E	43	Tecumse
Competent Communicator	Surber, Irvin	LibORATORS Toastmasters Club	986233	E	43	Tecumse
Competent Leader	Ellington, Michael	LibORATORS Toastmasters Club	986233	Ε	43	Tecumse
Competent Leader	Kavan, Barbara Ann	Lincoln Toastmasters Club	403	с	22	Lincoln
Advanced Communicator Silver	Howard, George M.	Roadtoasters Club	1761	с	23	Lincoln
Competent Leader	Phillips, Loretta F.	P.W.D. Speakeasies Club	5357	E	40	Omaha
Competent Communicator	Gaston, Margery	On Time Delivery	1198189	E	44	Omaha
Competent Communicator	Allen, Jolene M.	E.C. Speakers Toastmasters Club	2904	с	21	Lincoln
Competent Communicator	Seelhoff, Janet K	Heartland Communicators Club	1676	D	32	Omaha
Competent Communicator	Schwee, Kara	Mutual of Omaha Toastmasters Club	807953	E	41	Omaha
Advanced Communicator Bronze	Carlson, Greg	LibORATORS Toastmasters Club	986233	E	43	Tecumse
Competent Leader	Cox, Laura Ann	The Good Neighbor Club	4296	с	21	Lincoln

The Triple Crown

The Triple Crown is bestowed on those who exemplify the effort to improve. This honor is earned by a member completing



three educational and leadership goals in a single year. The leadership of your district knows that it takes a lot of dedicated work to accomplish a single item-to accomplish three is an event to celebrate. This year we will reserve a special place in the Double Dozen to honor those who have worked so hard.

Each member who accomplishes the Triple Crown will receive a certificate for half the cost to attend the complete Fall or Spring Conference, this year or next. If the member has already paid for the selected conference, then half of the cost will be refunded.

Words from Lt. Governor of Marketing - LuAnn Anglo

Holding a Special "Visitor's Meeting"

September is "Visitor's Month" in District 24. Hold a special Visitor Meeting at your club this month, and then let us know! Your club will be entered into a special drawing. It will be a WIN-WIN for everyone! Your club will have potential new members visit, your guests will get to experience a terrific Toastmasters meeting and your club will be entered into a drawing a set of free speech manuals. And... don't forget, your club can qualify for the Smedley Award by adding 5 new members by September 30th. Your Visitor's Meeting must be held in September, and you must let the district know by sending an e-mail to lgm@district24toastmasters.com with a date and time. Follow the outline below for guaranteed success!

Before the meeting

- The word is out!
 - Local newspaper/TV/radio notified
 - Flyers out to prospective areas
 - Info out on intranet at all related businesses
 - Members have invited others
 - A message has been sent to the Lgm@district24toastmasters.com with date and time
- The stage is set!
 - The agenda is set and printed
 - The refreshments are available
 - The room is set up
 - The members will arrive before the guests
 - The guest book is open and ready
- The guest packets are ready and include:

- A letter from the club president welcoming each guest
- A brief history or information statement on the club
- An agenda for the meeting
- A Toastmaster Magazine
- A flyer about Toastmasters
- An application with all of the club information completed

At the meeting

- The members will:
 - Arrive early and made sure the room is ready
 - Be prepared for their assignments and to fill in as needed
 - Wear nametags so the new members can identify them
 - Welcome every visitor and make them feel welcome
 - Make sure that everyone signs in (include e-mail, mail and telephone info)
 - Introduce visitors and mentor them during the meeting
- o The guests will:
 - Not be required to participate unless they volunteer
 - Be interviewed to see how they viewed the meeting
 - Be given the opportunity to join
 - Be definitely asked to come visit at the next meeting.

After the meeting

- Follow-up with visitors
 - Written/e-mail/phone follow-up immediately
 - E-mail/mail newsletter
 - Call or email to come to next meeting
- Follow-up with others
 - Thank those who invited the guests and make sure they are recognized
 - Drop a note to local news media/intranet letting them know that new visitors came

Send a note to Lgm@district24toastmasters.com

SMEDLEY AWARD

Reminder: Last month to qualify for the Smedley Award

It all began in 1924. Ralph Smedley invited a few men to meet in the Santa Ana, California YMCA where he conducted the first meeting of what would eventually evolve into Toastmasters International. One person initiated a program that would go on to affect millions of people. In his honor, can your club add five new, dual, or reinstated members between August 1 and September 30? By doing so you'll qualify to receive a "Smedley Award" ribbon to display on your club's banner. Effective July 1, 2009, in addition to the ribbon, qualifying clubs will also earn a special discount code for 10% off their next club order.

Quick and Dirty Tips - Are You Listening?

By Pat Hannan, Immediate Past District Governor

Out of the blue, my old boss came strolling into my office to tell me about a great website that he listens to weekly. George was a Toastmaster earlier in his career and understands my passion for the organization but in all our discussions, I don't think that he has ever told me about this site.

"The Public Speaker - Quick and Dirty Tips" is hosted by Lisa Marshall. The site is a fun collection of podcasts. You can listen to the podcast or read the transcript online. I selected a couple of presentations to see if they were worth your time and mine. I listened to:

- "The Wedding Toast"
- "Like Eliminate Ums and Ahs, Right"
- "Does Toastmasters Work?"
- Each podcast offered ideas on what to do and what to stay away from. One of the best take away for me is a recommendation to record yourself using free audio editing software that actually allows you to see your words in audio format. This allows you to see where you are putting in an extra word, unnecessary filler words and add to your credibility. I will certainly test drive her suggestion and hope that you try it as well. The podcast entitled "Like Eliminate Ums and Ahs, Right" holds all the details and links for this software.

These public speaking tips podcasts do not require any special software or in-depth computer skills. There are 3 - 5 minutes in length and worth every minute you spend listening. The tips are practical and extremely useful. Check out <u>http://publicspeaker.quickanddirtytips.com/</u>

Tips - Club Coaching

By Pat Hannan, Immediate Past District Governor

Membership is one of the key components of successful clubs. Low member clubs are eligible for club coaches. A club coach is a Toastmaster who works with low member clubs to help them rebuild their membership. Serving as a club coach is a non-club member who can provide positive encouragement and guidance to help rebuild the club's membership to charter strength, 20 members. After assignment, coaches can join the club but it is not required.

District 42 Lt. Governor Education and Training, Greg Gazin, has provided a number of podcasts online at: <u>http://toastcaster.podbean.com/</u>. Together with Doug Doughty, Immediate Past District Governor in District 19, Doug and Greg offer suggestions and steps to successful club coaching.

Who should listen?

- Anyone who wants to achieve their Advanced Leader Silver designation
- Low member clubs (below 12)
- Toastmasters who love to share their experience and help each other

Check out Toastcaster.podbean.com and go about $\frac{1}{2}$ down the page to find the interview. It is well worth your time

Can't Get Enough of Toastmasters?

As with all things, input provides the output. You get out of Toastmasters what you put into it. If you are actively participating in Toastmasters, you are taking advantage of the communication and leadership opportunities offered. But sometimes, we need more.

As you progress through the advanced Toastmaster manuals, you may find that you do not have enough time within your club's format to complete the assignments requiring more than the usual 5-7 minutes. You may decide you want to progress at a faster pace and give more speeches or you may want to gain a different perspective in your evaluations. The advanced Toastmasters clubs can help you achieve your goals at a faster pace. The advanced clubs do not replace your home club; they simply enhance the Toastmasters experience.

District 24 Toastmasters has two advanced clubs:

- Strictly Speaking Meets the 4th Saturday of each month from 9 a.m. noon Madonna Rehabilitation Ctr; 52nd & South St. in Lincoln; Flanagan Room Contact: Roe Enchayan; 402-617-3306; renchayan@yahoo.com
- Advanced Toastmasters of Omaha Meets the 1st Monday of each month from 6-8 p.m. Perkins Restaurant; 108th & L St; Omaha Members are encouraged to arrive early and order dinner before the meeting starts Contact: Sheila Nelson; 402-221-2159; Sheila.a.nelson@blackhillscorp.com

If you have completed your first Toastmasters manual and achieved your CTM (Competent Toastmaster) or CC (Competent Communicator), you are welcome to visit either of the advanced clubs as a guest.

A good friend of mine once said, "If you get everything you can out of Toastmasters, you'll never get out of Toastmasters." Find out what you can do to enhance your Toastmasters experience. Visit one of our advanced clubs or give us a call. You'll be glad you did.

Sheila Nelson DTM President, Omaha Advanced Toastmasters

MOMENTS OF TRUTH:-

I never cease to be amazed at how few clubs have an annual health check. It is an old adage that "an ounce of prevention is better than a pound of cure" yet ask yourself when was the last time your club conducted a Moments of Truth program?

This unique health check for clubs can identify unhealthy symptoms and prescribe simple remedies that allow your club to maintain a robust healthy constitution and avoid the trauma of suffering from the various diseases that can be set any unwary club. A regular check up with Moments of Truth will put your mind at ease and ensure your members are part of a healthy productive club.

Having made the decision the process is easy to institute, just follow these easy steps:-

<u>Firstly</u> notify your Area Governor of your intentions to hold a Moments of Truth session in your club. Ask them to facilitate or locate a facilitator. Visiting "specialists" are generally acknowledged as being able to produce a valid diagnosis far better than the good old local GP (General Practitioner). Members usually open up more to an independent facilitator rather than a fellow club member.

<u>Secondly</u> organize a special club program to accommodate the presentation of Moments of Truth, depending on the length of your normal meeting it may have to be given over a two meeting period. However it's great to note that the facilitators make house calls at no extra charge!

Just as seeing the doctor requires an open and honest response to the questions if they are to be able to identify your complaint, so too does Moments of Truth. Encourage the membership to participate fully in the program as the benefits will ensure they will be better catered for as a result.

Make sure that both the strengths and the weaknesses of the patient (i.e. the club) are recorded for later discussion.

At the conclusion of the health check the diagnosis should be presented to the club executive team for deliberations and suggestions on remedial actions required, if any.

The executive should determine what initiatives they propose to implement as a result of the health check and report back to the membership as soon as possible.

Hopefully the club will receive an overall clean bill of health, with just a few suggestions on how to administer the occasional vitamin shot to ward of the debilitating effects of low membership, dull meetings and poor attendance which occur from time to time.

So ensure your club stays healthy, have Moments of Truth annually and say goodbye to whatever ails you. Your members will appreciate it.

Visit <u>www.toastmasters.org/MofTruth.aspx</u> for the free download of this program from the Toastmasters International website.

George Volz, Lt. Governor of Education

Stronger Than Ever

Now more than ever, you can count on Toastmasters to help you through life's challenges. While the world has experienced a massive economic downturn in the past year, Toastmasters International has grown by nearly 6 percent, with 1,073 new clubs chartering – an all-time high in the history of the organization. That means there are now more than 12,500 clubs with 250,000 members in 106 countries. In addition, fifty-six districts achieved Distinguished status, surpassing all previous years. Toastmasters remains strong thanks to the members' hard work and commitment to helping others become more confident speakers and leaders.

Toastmasters will give you an opportunity to gain confidence and training in communication skills.

You will become a better speaker, a better listener, a better thinker.

Jean Dier. DTM

10 | P a g e

Power Up for the Fall Conference - mark your calendar because we have a special guest, Jim Key, World Champion Speaker coming to Mahoney State Park Oct. 9 and 10, 2009. The fall contests will include the humorous and table topics contest. Join us for great educational and networking and hear a champ. Jim's website is http://www.jimkey.com. Watch the district website for more information, www.district24toastmasters.com.

Welcome World Champion of Public Speaking Jim Key to District 24



District 24 Toastmasters Fall Conference October 9 & 10, 2009

Registration - \$60

Great venue – Mahoney State Park near Ashland

Friday night fun

You'll get electrifying educational sessions

Table Topics & Fall Humorous Speech Contests

Lunch and Dinner on Saturday

And World Champion Jim Key is scheduled to attend!

Make your checks payable to: District 24 Fall Conference. *Mail your registration and check to:* District 24 Fall Conference c/o Kim Spicka P.O. Box 509, Elkhorn, NE 68022

Registration for the Fall District 24 Conference Oct. 9 & 10, 2009

Name:	
Address:	City,
State, and Zip Code:	Phone:
E-Mail:	
Club Name & Number:	
Vour designation.	

Your designation: _______ *Club, Area, Division or District Designations:* _____ Registration can also be done online at:



Speaking and Leadership Series Offered

Three Toastmasters clubs in Lincoln are sponsoring **Speechcraft** beginning in September 2009. **Enrollees** in the Speechcraft class will enhance their speaking skills in the areas of preparation and delivery. Experienced and successful Toastmaster members will lead the six-week course.

Speechcraft models the weekly activities of a Toastmasters Club. Attendees build skills that are transferable within six weeks while providing an excellent opportunity to meet current club members. Upon completion of the class, each attendee receives a **Certificate of Completion**. The six-week class is offered for \$25.

Speechcraft is a program developed by **Toastmasters International**, a network of worldwide clubs that assist individuals wanting to enhance their public speaking and leadership skills.

Offered by	Offered by	Offered by
Fairview Toastmasters Club	Capital City Toastmasters Club	Sunrise Toastmasters Club
<i>Evening</i> <u>6 weeks</u> Thursday 7:00 to 8:30 p.m. September 17 – October 22	<i>After work <u>6 weeks</u> Tuesday 5:45 to 6:45 p.m. September 22 – October 27</i>	<i>Morning <u>6 weeks</u> Monday 6:30 to 8:00 a.m. September 14 – October 19</i>
Meeting location:	Meeting location:	Meeting location:
Bryan LGH Medical Center East	Anderson Library	Perkins Restaurant
1600 South 48 th Street	3635 Touzalin Avenue	48 th & O Street
Private Dining Room #2		
\$25 registration fee	\$25 registration fee	\$25 registration fee
Pre-register with:	Pre-register with:	Pre-register with:
Jean Dier		
Fairview Toastmasters	467-2524 Dwaine	Jolene Boshart
2600 South 35 th St	kendolezal@juno.com	483-5088
Lincoln NE 68506		jboshart@neb.rr.com
489-4535		
e_jeandier@msn.com		

SPEECHCRAFT FALL 2009

Jean Dier, DTM Past District 24 Governor e-mail: e_jeandier@msn.com

SUN! First New Club of the Year!!!

Members of the Information Technology department of Peter Kiewit Corporation made a logical decision of taking their **Speak Up Now** (**SUN!**) group sessions to the next level and establish themselves as Toastmasters International Club.

During the month of August members of SUN! moved quickly to organize the required 20 new members, register the club, elect officers and hold their first official meeting. The officers of SUN! are excited to work on establishing the ground work to develop the club into a fun and inviting environment for co-workers who express a desire of developing their leadership and speaking skills.

As the Vice President of Public Relations and on behalf of the SUN! club, I personally would like to extend our thanks to our mentors Floy Westermeier and Heidi Guggisberg-Coners. These individuals are an inspiration for all and have helped our club in numerous ways.



Submitted by Jayme Arlen, Vice President of Public Relations

Contest Time

It happens twice a year – Toastmasters speech contests. This fall we have the fun, humorous speech contest and the unpredictable Table Topics contest.

District 24 has a multitude of talented speakers – some of whom never compete in a speech contest. I salute those brave Toastmasters who "go for the gold" and compete. Whether they

win a trophy – or not, they win something much more valuable – the chance to move outside their clubs and comfort zones, while accepting the challenge to "go the distance."

When you compete in a speech contest, you compete against yourself. You challenge yourself to be a better speaker and communicator. You learn what works and what doesn't. You learn tips and tricks from others and determine if any of those tips will work for you.

Even if you don't like to compete, there are plenty of other opportunities to improve your speaking and listening skills. Every contest needs a Toastmaster, timers, judges, ballot counters, etc. At the very least, you can go to an area, division or district contest to watch and learn.

What are you waiting for? Compete in your club contests. Volunteer to assist with area and division speech contests. Go to the area, division and district contests. I encourage each of you to participate in the total Toastmaster contest experience.

Sheila Nelson DTM Area 44E Governor



Table Topics Speakers await their turn to accept their certificates (left to right): Amy Holmes, Randy Prier, Nancy Hewitt, Frank Wilson and Lisa Zentz.

PayPal Toastmasters make great showing at Area 44 Contest!

PayPal Toastmasters had two entrants in the fall area competition—Lisa Raczek, entering her first contest in the Humorous Speaking and Lisa Zentz, in Table Topics contests.



Raczek brought the house down with her explanation of the three types of cat owners: single cat, multiple cat and cat show households.She was cheered on by fellow Toastmasters Jason Jacobsen, also the photographer for the contest, Stephen Smith, Brenda Stewart and Artie Shaw. Zentz competed in Table Topics and, coming in first, advances to the Division E contest in September. Great job PayPal Toastmasters Pictured, left to right: Stephen Smith, Jason Jacobsen, Lisa Raczek, Lisa Zentz, Brenda Stewart, Artie Shaw (in front)

The **Shelf Talker's Club #7354 Area 40E** a wonderful turn out for our Fall Speech Contest held 8/20/09 at Lozier Corporation in Omaha, NE. We had 6 contestants in the Table Topics Category and 1 Humorous speech given by Don Hotz titled, "A Shoe in the Desert". The theme of the contest was "Finding Your Voice". Everyone competing was challenged to find the courage to compete and then find their voice when asked to give their speech. The winner of Table Topics was Rachel Woodring. The Shelf Talker's Club was proud and honored to have both Rachel and Don participating in the



Area 40 / 41 / 42 contest on Tuesday, 8/25 at Mutual of Omaha in Omaha, Ne. Rachel will move on to the Division E contest on 9/15 at 6:00 in the downtown OPPD building in Omaha.

"Sometimes you have to take a leap at life and build your wings on the way down."

Submitted by Denise Kephart, Secretary of Shelf Talker's Club #7354

Area 31D & 34D held a joint contest on Thursday, August 20th at the Waterloo, NE Library. These winners will advance onto the Division D contest on September 19th.



Kim Spicka, George Volz, LuAnn Anglo & Tom Motika. Tom is with Area 31D.



George Volz, LuAnn Angle & Bev Birdsong, Bev is with Area 31D



Vicki Workman, Sheri Wells-Chesley, LuAnn Angle,



Sheri Wells-Chesley, LuAnn Anglo, George Volz and

Toastmasters Club Sandwich Receives its Official Charter and Banner

On June 29, the LBL/Allstate-Lincoln Toastmasters *Club Sandwich* members and guests celebrated as the group received its official charter and a banner to display at its weekly meetings. Started in November 2008 through the initial organizational efforts of **Jolene Allen**, *Club Sandwich* now has 24 members in the worksite chapter.

The past officers of Club Sandwich include: (January - June)

President - Lori Sadler VP of Education - Kasey Stover VP of Membership - Linda Smith VP of Public Relations - Dani Burback Secretary - Scott Minks Treasurer - Bobbi Gottula Sergeant at Arms - Kenji Madison The new officers are: (June - December) President - George Hametis VP of Education - Scott Minks VP of Membership - Staci Rosenquist VP of Public Relations - Eric Byrd Secretary - Trena Reed Treasurer - Kim Steinhausen Sergeant at Arms - Jolene Allen





Submitted by Jolene Allen



The autumn leaves are a lot like raising kids. First the turn On you, then they fly away. And next thing that you know, you look out the window and they are back.

Anonymous